



The 56th Annual Clinical Meeting

*“The Future in Obstetrics and Gynecology
Through Education, Quality and Innovation”*

SGA President, Brent W. Bost, MD

December 2-3, 2022 The Westin Galleria Dallas

2022: The Future in Obstetrics and Gynecology

Through Education, Quality and Innovation



PURPOSE AND CONTENT

Medicine is constantly evolving and changing. As obstetrician/gynecologists we strive to provide the best care for our patients through enhancing our knowledge of the latest medical issues and recommendations. What this means to us is a focus on issues that we find to be close to our hearts: improving patient outcomes through a patient-centered approach that balances both innovation and technology, as well as quality and education.

The 56th Annual Meeting of the SGA will offer high-quality and evidence-based presentations and provide the attendees an opportunity to interact with nationally renowned and leading experts in their fields on topics applicable to the practicing physician. Innovative gynecologic surgical techniques such as vaginal natural orifice transluminal endoscopic surgery and advancements in robotic surgery will be presented. Prevention and management strategies in postoperative wound healing and surgical site infections will also be reviewed. A discussion of the pelvic floor and its involvement with musculoskeletal and neurologic pelvic pain along with education on management of menopause, libido, and sexual health will be provided.

Topics in obstetrics will include a discussion of the placenta accreta spectrum along with trauma in pregnancy. Awareness around surgical ergonomics and its impact in obstetrics and gynecology will be highlighted. We will also discuss the future of our specialty and where it is going and review the impact of social media and personal branding. We truly hope you will join us for what will surely be an exceptional meeting.

TARGET AUDIENCE: Physicians and healthcare providers specializing in women's health care.

SPEAKERS & LEARNING OBJECTIVES

Emily H. Adhikari, MD (UTSW)

Postoperative Wound Healing and Surgical Site Infections: Prevention and Management Strategies and Case Review for the Obstetrician Gynecologist

- Describe the basic process of normal and abnormal wound healing and factors that influence appropriate postoperative wound healing
- Determine appropriate strategies for management of postoperative wound infection to optimize healing
- Learn from cases of postoperative wound infections on the obstetric service

Marlene Corton, MD, MSCS (UTSW)

Vulvar Anatomy and Perineal Compartments: Avoiding Surgical Complications

- Recognize anatomy of
 - Clitoris and Associated Vulvar Structures
 - Perineal Compartments and Anal Sphincter Complex
- Be able to integrate anatomic knowledge with clinical applications during obstetric and gynecologic procedures

Natalie Crawford, MD (Fora Fertility)

Reaching Patients in a Virtual World: Reimagining Patient Education with Social Media

- Review the differences of the most used social media platforms and how each platform can be best utilized
- Analyze how social media can bridge gaps in health education
- Demonstrate how to optimize use of social media across various platforms to improve patient-centered outreach while protecting professional integrity
- Promote the power of collaboration with other healthcare professionals to enhance advocacy in reproductive medicine

Frank Feigenbaum, MD, FACS, FAANS (Feigenbaum Neurosurgery)

Sacral Spine Tarlov Cysts: A Missed Diagnosis for Pelvic & Perineal Pain

- Become familiar with the symptoms and physical findings of sacral meningeal cysts
- Become familiar with how sacral meningeal cysts produce symptoms relevant to gynecologists
- Become familiar with the most common types of spinal meningeal cysts a gynecologist might encounter
- Learn which imaging modalities and diagnostic tests are appropriate for diagnosing symptomatic sacral meningeal cysts

Karin A. Fox, MD, M.Ed, FACOG (Baylor)

Updates in Management of the Placenta Accreta Spectrum

- Develop a screening approach to optimize identification of the Placenta Accreta Spectrum (PAS)
- Understand the limitations of imaging for identification of PAS
- Discuss the risks and benefits of different management approaches with providers and patients

Kenneth Kim, MD, MHPE, FACOG, FACS (Cedars-Sinai)

Beyond Vision Carts and Consoles

- Understand the history of surgical training and its current state
- Understand the process of learning surgical techniques and surgical procedures
- Understand emerging future technologies that may assist with training

Geeta Lal, MD, MSc (Univ of Iowa)

Surgical Ergonomics: An Overlooked Component of Surgeon Wellness

- Provide an overview of the scope of work-related MSK disorders among surgeons and trainees, especially in Gynecology
- Describe the contributing and exacerbating factors to these injuries as well as their consequences
- Provide strategies to improve surgical ergonomics

Deirdre J. Lyell, MD (Stanford)

Trauma in Pregnancy

- Identify physiologic and mechanical changes relevant to trauma management during pregnancy
- Recognize provider actions that may contribute to worsened outcomes from trauma during pregnancy
- Use this information to optimize your role as a consultant in major trauma and director of minor trauma

Mary Jane Minkin, MD (Yale)

Menopause Round Up 2022: The Women's Health Initiative Plus 20

- Make participants aware of current approaches to menopausal health hazards and management of menopausal symptomatology
- Review updated data available on WHI since its initial release in 2002
- Review the changing demographics of our patients and our providers to optimize delivery of menopausal health care

David B. Nelson, MD, FACOG (UTSW)

Understanding Maternal Mortality and the Importance of extending Maternal Care After Pregnancy (eMCAP)

- Understand the current challenges with maternal mortality data
- Characterize the collective responses to maternal mortality crisis
- Review findings from Texas Maternal Mortality Review Committee
- Describe a demonstration project targeting an underserved community for postpartum care

Tony Ogburn, MD (UT Health Rio Grande Valley)

OB/GYN Residency Education: What's on the Horizon?

- Understand factors influencing current and future OB/GYN practice
- Summarize limitations of our current training model
- Discuss possible changes to residency training to better serve our patients

Kelly M. Scott, MD (UTSW)

Musculoskeletal and Neurogenic Pelvic Pain

- Recognize History of Present Illness and Review of Systems elements that may suggest that a patient's pelvic pain is due to musculoskeletal or neurologic causes
- Understand how to perform a neuromuscular pelvic floor examination
- Understand treatment options for pelvic floor dysfunction and pelvic neuralgia

Patrick M. Weix, MD, PhD (UTSW)

vNOTES: Vaginal Surgery 2.0

- Understand and explain the basics types of vNOTES surgery
- Identify candidates for vNOTES and understand contraindications to this approach
- Appreciate future directions of research for the vNOTES approach

Jennifer Wimberly, MD, MA, HEC-C (Parkland)

Inclusion without Representation: Identity, Research, and Education Regarding Intersex Conditions/DSD

- Understand the goal of the interdisciplinary team in DSD/Intersex care from a historical lens
- Recognize the evolving role of the team members in care of the individuals with DSD/Intersex
- Expand the concept of fully informed consent to identity within the umbrella term DSD/Intersex
- Identify current recommendations for inclusive representation of individuals with intersex conditions/DSD for education, reporting and research methodologies

Educational Objectives

At the conclusion of this conference, participants should be able to:

- Recognize the anatomy of the clitoris and associated vulvar structures as well as perineal compartments and the anal sphincter complex.
- Identify physiologic and mechanical changes relevant to trauma management during pregnancy and recognize provider actions that may contribute to worsened outcomes from trauma during pregnancy.
- Compare and contrast the impact of social media in healthcare, and discuss ways OB/GYNs can harness social media effectively, while maximizing the benefits for their specific needs.
- Describe the factors influencing current and future OB/GYN practice, summarize limitations of the current training model, and discuss possible changes to residency training to better serve our patients.
- Review the history of OB/GYN surgical training and its current state, discuss the process of learning surgical techniques and surgical procedures, and identify and discuss the emerging future technologies that may assist with training.
- Describe how a multidisciplinary approach may help improve outcomes in placenta accreta spectrum and provide techniques associated with cesarean hysterectomy for definitive treatment of this disease.
- Review the impact and principles of surgical ergonomics on the field of obstetrics and gynecology to improve ergonomics in the operating room.
- Recognize and discuss the etiology of sacral meningeal cysts and become familiar with the symptoms, physical findings and relevant symptoms to better identify appropriate imaging modalities and diagnostic tests for diagnosing symptomatic sacral meningeal cysts.
- Identify and discuss current approaches to menopausal health hazards and management of menopausal symptomatology
- Recognize the evolving role of the team members in care of the individuals with DSD/Intersex and Identify current recommendations for inclusive representation of individuals with intersex conditions/ DSD for education, reporting and research methodologies.
- Explain the basics types of vaginal natural orifice transluminal endoscopic surgery (vNOTES), identify candidates for vNOTES and describe contraindications to this approach.
- Recognize History of Present Illness and Review of Systems elements that may suggest that a patient's pelvic pain is due to musculoskeletal or neurologic causes and identify treatment options for pelvic floor dysfunction and pelvic neuralgia.
- Identify and discuss appropriate strategies for management of postoperative wound infection to optimize healing. Review recent cases of postoperative wound infections on the obstetric service.
- Describe the current challenges with maternal mortality data and characterize the collective responses to maternal mortality crisis (Review findings from Texas Maternal Mortality Review Committee).

CONTINUING EDUCATION

Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint providership of The University of Texas Southwestern Medical Center and the Southwestern Gynecologic Assembly. The University of Texas South-western Medical Center is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

The University of Texas Southwestern Medical Center designates this live activity for a maximum of **14.0 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Texas Southwestern Medical Center designates the presentation, ***"Inclusion without Representation: Identity, Research, and Education Regarding Intersex Conditions/DSD"*** for 1 hour in medical ethics and/or professional responsibility.

The University of Texas Southwestern Medical Center certifies that non-physicians will receive an attendance certificate stating that they participated in the activity that was designated for **14.0 AMA PRA Category 1 Credit(s)**[™].

Acknowledgement

The SGA executive committee and membership gratefully acknowledges Kim McMillen for the many hours spent working to bring this program together.



George W. Bush Presidential Library & Museum



Dallas Arboretum and Botanical Garden

SCHEDULE

Northpark Center
Photo courtesy Northpark Center

Friday, Dec. 2 – Moderator: Brent Bost, MD

- 8:00 Welcome and Announcements
- 8:15 *Postoperative Wound Healing and Surgical Site Infections: Prevention and Management Strategies and Case Review for the Obstetrician Gynecologist* Emily H. Adhikari, MD
- 9:15 *Vulvar Anatomy and Perineal Compartments: Avoiding Surgical Complications* Marlene Corton, MD, MSCS
- 10:15 Break**
- 10:30 *Trauma in Pregnancy* Deirdre J. Lyell, MD
- 11:30 Student/Resident Awards**
- 11:45 Lunch & Learn:** *Reaching Patients in a Virtual World: Reimagining Patient Education with Social Media* Natalie Crawford, MD
- 1:00 **Luis Leib Lecture:** *Menopause Round Up 2022: The Women's Health Initiative Plus 20* Mary Jane Minkin, MD
- 2:00 *OB/GYN Residency Education: What's on the Horizon?* Tony Ogburn, MD
- 3:00 Break**
- 3:15 *Sacral Spine Tarlov Cysts: A Missed Diagnosis for Pelvic and Perineal Pain* Frank Feigenbaum, MD, FACS, FAANS
- 4:15 *Musculoskeletal and Neurogenic Pelvic Pain* Kelly M. Scott, MD
- 5:15 Cocktail Reception**

Saturday, Dec. 3 – Moderator: Vernie Bodden, MD

- 8:00 Welcome and Announcements
- 8:15 *Understanding Maternal Mortality and the Importance of Extending Maternal Care After Pregnancy (eMCAP)* David B. Nelson, MD, FACOG
- 9:15 *Beyond Vision Carts and Consoles* Kenneth H. Kim, MD, MHPE, FACOG, FACS
- 10:15 Break**
- 10:30 *Surgical Ergonomics: An Overlooked Component of Surgeon Wellness* Geeta Lal, MD, MSc
- 11:30 Lunch**
- 12:30 Resident Research Presentations**
- 1:00 *Updates in Management of the Placenta Accreta Spectrum* Karin A. Fox, MD, MED, FACOG
- 2:00 Ethics Lecture:** *Inclusion without Representation: Identity, Research, and Education Regarding Intersex Conditions/DSD* Jennifer Wimberly, MD, MA, HEC-C
- 3:00 *vNOTES: Vaginal Surgery 2.0* Patrick M. Weix, MD, PhD

Your email address is required in order to be able to download the electronic syllabus.





Photo courtesy of The Westin Galleria



Photo courtesy of The Westin Galleria



Photo courtesy of The Westin Galleria

Special Rate

A block of rooms have been reserved for SGA at the special rate of \$215 for November 30 – December 5, 2022. The special rate will be available until November 4th or until the group block is sold out, whichever comes first. After November 3rd, rooms are subject to availability and prevailing rates. Note: Half of the rooms contain one King size bed, half contain two Queen size beds.

To Make Hotel Reservations Online

Hotel reservations can be made by clicking on the HOTEL RESERVATIONS button that appears on the Southwestern Gynecologic Assembly website: www.southwesterngyn.org/

If you have questions or need help with your hotel reservations, contact Dawn Garza (callgarza@msn.com or 469-964-5363).

For More Information

Refer to the website: www.southwesterngyn.org or contact Kim McMillen, SGA Administrator 817.929.1248, kimsgadm@yahoo.com for additional information.

Convenient Location

The Westin Galleria in Dallas has more than 150 stores spread out over four levels, which includes a mix of department stores (Macy's, Saks Fifth Avenue, Nordstrom), all the major brands you can think of (from Abercrombie & Fitch to J. Crew) as well as specialty stores like Gucci, Le Creuset and American Girl – Whatever you want, it most likely can be found here. Add in a swanky Westin hotel, a plethora of eating options, a rain forest-themed kid's play space, an ice-skating rink and an impressive glass vaulted ceiling modeled after the Galleria Vittorio Emanuele II in Milan – and you can see why this place is a major draw for locals and tourists alike.

Follow us on Facebook and LinkedIn at Southwestern Gynecologic Assembly



REGISTRATION

What Registration Fee Includes

The registration fee includes continental breakfasts, lunches and refreshments on Friday, December 2 and Saturday, December 3 for registrant only. The fee also includes a cocktail reception for the registrant and one guest Friday afternoon.

Registration can be completed online with a credit card or by mail with a check.

Online registration is encouraged.

Registration Cutoff Date is Sunday, November 20, 2022.

Registration Contact: sgaregistration@yahoo.com

TO REGISTER ONLINE

Online reservations can be made at www.southwesterngyn.org

TO REGISTER BY MAIL

To submit your registration by mail, fill out the form that appears below, include a check payable to SGA and mail to:

Keryn Dias, MD, SGA Registration Chair
14 Grant Place
Pantego, TX 76013

Note: Registration is non-transferable. No refunds can be made after November 21. Refund charge is \$25.
No refunds if unable to attend conference due to weather or other reasons.

Physicians

Advance Registration: \$400

On-site Registration: \$450

Retired Physicians

Advance Registration: \$225

On-site Registration: \$250

Nurses

Advance Registration: \$350

On-site Registration: \$400

Residents

Advance Registration: \$100

On-site Registration: \$100

Total

Total Amount: \$ _____

Please type or print legibly:

Name _____ Title (MD, DO, Other) _____

Mailing Address _____

City, State, Zip _____

Phone Number _____

Email Address (required for downloading syllabus) _____

Return to: Keryn Dias, MD, 14 Grant Place, Pantego, TX 76013



Celebrating the 56th Annual Clinical Meeting
Southwestern Gynecologic Assembly
The Westin Galleria Dallas
December 2 -3, 2022

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